

Top 10 Tips – Workplace Health and Safety Testing

Supplied by: *FTS Safety Solutions Ltd*



Top 10 Tips for Workplace Health and Safety Testing

If you're looking for Workplace Health and Safety Testing

1. Fire extinguisher servicing, make sure you know the date of the next service and sign up to our reminder service here <http://www.ftssafetysolutions.co.uk/health-safety-reminder-service/>
2. PAT Testing, contrary to popular belief this doesn't have to be done every year – it really does depend on your industry and the electrical equipment in use. Sometimes your insurance company will request annual inspections. Bi-annual checks for normal office environments are usually sufficient however construction contractors would need to be checked every 3 months.
3. Thermal Imaging for server rooms save IT managers grief. As you don't have to switch the electrical equipment off to test, this is a huge plus for data centres and server room managers among many others.
4. Emergency lighting should have a test every month, with a partial discharge inspection every 6 months and annually a full 3-hour discharge test. The 6-month check can be done yourself, you normally only need an external contractor for the annual discharge test.
5. Commercial microwaves need to be tested with specialist equipment. For offices we recommend testing at the same time as your PAT or annual fire extinguisher service. For commercial kitchens where they are used much more heavily, a more frequent schedule is advised but should not exceed an annual inspection.
6. Bad cable management can cause fires. Cables that are knotted, twisted or jammed in desks weaken. The plastic sleeve can rub away exposing live wires. Better safe than sorry, implement a tidy cable policy.
7. Fixed Wire inspections, if you lease your building this can be the responsibility of your landlord, but do you know when the last check was done? It is recommended that an electrical installation condition survey be carried out 5 years after the build, this is the maximum recommended period between testing. However, some industrial premises i.e. Hotels, Restaurants and cinemas require testing annually.
8. Fire drills, I know they are disruptive, but better safe than sorry. Do you have a fire drill rota; do you keep to it?
9. Fire Alarm maintenance, it is very easy to take your fire alarm for granted. Get a good schedule together and make sure these important lifesaving pieces of equipment are in the best working order – they not only save lives it will give fire fighters time to limit property damage which could be the difference between saving your business and watching it go up in smoke.
10. Documentation, Routines and Risk Assessments – get good Health and Safety processes in place.

If you have any queries about the Health and Safety need of your business, don't hesitate to get in touch on 01908 465264 or email enquiries@ftssafetysolutions.co.uk

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